

# **LIFEWORKS**



Provider Information Sheet

## HUNTER GREEN

### Hunter Green is a Compassionate Psychotherapist & Social Worker, with over a decade of experience supporting diverse individuals. Hunter has become a trusted psychotherapist for clients of all ages and diverse populations. Specializing in evidencebased treatments for depression, anxiety, and trauma, Hunter creates a safe, non-judgmental space where you can explore your challenges and strengths.

**SHORT BIO** 

Hunter's approach is highly personalized, integrating cutting-edge research with proven techniques to address your unique needs. Clients consistently praise Hunter's empathetic listening skills and commitment to fostering meaningful change.

Hunter is dedicated to helping you build resilience and achieve your therapeutic goals.

| AGES                                       | MODALITY                                     |
|--|--|
| <ul><li>Teenagers</li><li>Adults</li></ul> | <ul><li>Individuals</li><li>Groups</li></ul> |
| <ul> <li>Elderly</li> </ul>                |  |

#### EVIDENCED BASED FRAMEWORKS

- Brief Therapy (CBT/Solution Focused)
- Cognitive Behavioral Therapy
- Acceptance and Commitment Therapy
- Mindfulness Based Cognitive Therapy
- Gestalt Therapy
- Motivational Interviewing
- Solution Focused Therapy
- Strengths Based

#### **CLINICAL LICENSES**

Licensed Social Worker (LSW)

Conditionally Licensed Clinical Social Worker (LICSW-C)

#### **EDUCATION**

Pennsylvania Western University, Edinboro *Master of Social Work* 

Youngstown State University Bachelor of Social Work

#### CLINICAL SPECIALTIES

Assessment, diagnosis, treatment planning, treatment & collaboration of care of DSM-5 disorders, including:

- Anxiety
- Behavioral Issues
- Career Issues
- Coping Skills
- Depression
- Divorce Issues
- Grief Reaction

- Life Transitions
- Relationships
- Resources
- Self Esteem
- Stress



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