

CLINICIAN INFORMATION SHEET

SAMUEL ROSARIO

As an Independent Licensed Clinical Social Worker, Samuel Rosario has near 40 years of

accumulated knowledge and skills and extensive clinical proficiency, as well as public and private educational teaching experience. Sam is Bilingual/Bicultural, fluent in Spanish and English. He can assist if you struggle with anxiety, depression, PTSD, trauma, addictions, eating disorders and a wide array of life struggles. Sam also has cross-cultural experience working with Hispanic/Latinos/Latinx and the LGBTQ+ communities. Sam is clinically trained in Dialectical Behavioral Therapy, Cognitive Behavioral Therapy, Motivational Interviewing, and an eclectic mix of other Evidenced-Based psychotherapeutic modalities. Sam works with pre-teens and teens, adults, and elderly, and with individuals, couples, families, first responders, and military veterans. Sam can help navigate you to a better feeling you and a more positive worldview.

SHORT BIO

AGES	Modality
 Preteens 	 Individuals
 Teenagers 	 Groups
 Adults 	 Families

EVIDENCED BASED FRAMEWORKS

- Brief Therapy (CBT/Solution Focused)
- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- Humanistic Approach
- Mindfulness Based Cognitive Therapy
- **Motivational Interviewing**
- Person Centered
- Positive Psychology
- **Solution Focused Therapy**
- Strengths Based

CLINICAL LICENSES

Licensed Independent Clinical Social Worker New Hampshire LICSW #324

EDUCATION

Master of Social Work

Fordham University, NYC

• Focus Area of study/Individuals and Families-Course work in Supervision and Administration

B.A. in Education

Elmira College, Elmira, New York

• Major in Elementary Education with specialization in Spanish Literature

CLINICAL SPECIALTIES

Assessment, diagnosis, treatment planning, treatment & collaboration of care of DSM-5 disorders, including:

- Addiction
- ADHD
- Anxiety
- Behavioral Issues
- Coping Skills
- Depression
- **Divorce Issues**
- **Eating** Disorders
- Family Issues
- **Grief Reaction**
- LGBTO+

- Marital Issues
- Men's Issues
- Military/ Veterans
- Parenting
- Relationships
- Self Esteem
- Stress
- **Substance Abuse**
- Suicidal Ideation
- Trauma
- **PTSD**

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