


CLINICIAN INFORMATION SHEET

DR. BRANDY CASANOVA

| SHORT BIO | | EDUCATION | |
|---|--|--|--|
| <p>Brandy is a seasoned clinician who brings extensive knowledge and experience to the LifeWorks Clinical Team. Brandy comes to us from Ohio, Arizona, and finally Indiana. She has worked as a clinician in various settings including: Community case management, residential treatment programs, and inpatient and outpatient psychiatric services. She has been trained in Dialectical Behavior Therapy (DBT), Cognitive Behavior Therapy (CBT), Career Counseling, Motivational Interviewing (MI), Substance Abuse Counseling, Dual Diagnosis, and Psychosocial Issues. Brandy understands that therapy is teamwork where in combined knowledge and skills can create a new understanding of the individual's experience and goals. Brandy has earned a bachelor's degree in Substance Abuse Counseling, a master's degree in Applied Behavior Analysis, a master's degree in Social Work, and a doctorate degree in Behavioral Health. Her, combined, education and skillset offer the opportunity to meet client's needs in a way that incorporates client strengths while creating a vision that the client can adopt and support</p> | | <p>Associate of Arts in Liberal Arts - Cincinnati State Technical and Community College</p> <p>Bachelor of Science in Substance Abuse Counseling - University of Cincinnati</p> <p>Master of Applied Behavior Analysis - Arizona State University</p> <p>Master of Social Work - Indiana Wesleyan University</p> <p>Doctorate in Behavioral Health - Arizona State University</p> | |
| | | CLINICAL SPECIALTIES | |
| | | <p>Assessment, diagnosis, treatment planning, treatment & collaboration of care of DSM-5 disorders, including:</p> <ul style="list-style-type: none"> • Addictions • ADHD • Alcohol Misuse • Anxiety • Behavioral Issues • Bipolar Disorder • Career Counseling • Career Issues • Coping Skills • Depression • Dual Diagnosis • Grief Reaction • Life Transitions • Lifespan Issues • Mood Disorders • Relationships • Self Esteem • Stress • Suicidal Ideation • Trauma/ PTSD | |
| AGES | MODALITY | | |
| <ul style="list-style-type: none"> • Adults • Geriatrics | <ul style="list-style-type: none"> • Individuals • Couples | | |
| EVIDENCED BASED FRAMEWORKS | | | |
| <ul style="list-style-type: none"> • Brief Therapy (CBT/Solution Focused) • Cognitive Behavioral Therapy • Dialectical Behavioral Therapy • Motivational Interviewing • Humanistic Approach • Mindfulness Based • Person Centered • Solution Focused Therapy • Strengths Based | |  | |