

CLINICIAN INFORMATION SHEET

TRAVIS ROWE

SHORT BIO	EDUCATION	
TRAVIS ROWE IS A MARRIAGE AND FAMILY THERAPIST WHO HAS WORKED WITH FAMILIES AND INDIVIDUALS VIA TELEHEALTH AND IN-PERSON TREATMENT. TRAVIS SPECIALIZES IN BROAD-VIEW, SYSTEMIC THINKING AND VALUES THE IMPORTANCE OF BUILDING A MORE COMPLETE CLIENT PICTURE. HE HAS ABUNDANT KNOWLEDGE OF AVAILABLE RESOURCES IN THE AREA. WHILE WORKING IN	Bachelor Psychology Concentration in Mental Health Minor in Organizational Leadership Southern NH University Master of Clinical Marriage & Family Therapy Certified Substance abuse Counselor Antioch University of New England	
OUTREACH SETTINGS, HE HAS COLLABORATED WITH	Ages	MODALITY
LOCAL HOSPITALS, SCHOOL DISTRICTS, COURT SYSTEMS, AND DCYF. HE IS EQUIPPED TO AID IN CO- OCCURRING DISORDERS WITH A FOCUS ON ANXIETY, DEPRESSION, PTSD, MOOD DISORDERS, SUBSTANCE ABUSE, ADHD, AND MANY MORE. HE PRIORITIZES FINDING THE RIGHT FIT OF TREATMENT FOR EACH	 Preteens Teenagers Adults	 Individuals Groups Families Couples
	CLINICAL SPECIALTIES	
CLIENT. HE IS EXPERIENCED WITH WORKING ON THE INDIVIDUAL LEVEL, FOCUSING ON CLIENT NEEDS, AND KNOWS THE IMPORTANCE OF SHIFTING HIS VIEW TO THE LARGER, SYSTEMIC PICTURE AS WELL	Assessment, diagnosis, treatment planning, treatment & collaboration of care of DSM-5 disorders, including:	
Evidenced Based Frameworks	• ADHD	Mediation
 Family Systems Approach Brief Therapy (CBT/Solution Focused) Cognitive Behavioral Therapy Humanistic Approach Person Centered Solution Focused Therapy Strengths Based 	 Anxiety Behavioral Issues Coping Skills Depression Divorce Issues Dual Diagnosis Family Issues Grief Reaction 	



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