

CLINICIAN INFORMATION SHEET

DR. DAVE FERRUOLO

BA, MSW, LICSW, MLADC, Ed.D

SHORT BIO

Dr. Dave Ferruolo is a dual licensed behavioral and mental health specialist with expertise in treating mental health, substance use, and co-occurring mental health and substance use disorders, as well as providing needed resources to in-need clientele. Dave has extensive experience developing protocol and working in an integrated primary care and behavioral health settings, collaborating with primary care providers for successful medical and mental health care outcomes. He is well versed at treating a multitude of DSM-5 disorders, including: anxiety and depressive disorders, PTSD, mood disorders, personality disorders, substance use disorders and cooccurring disorders, with an eclectic mix and fusion of evidenced based treatment frameworks. As a Clinical Social Worker, Dave excels at adhering to the primary mission of his profession by doing his best to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. Dave is also a former Navy SEAL, entrepreneur, and a published author of two self-help books and has had a life coaching and consulting practice since 2003.

AGES	MODALITY
 Preteens 	 Individuals
 Teenagers 	 Groups
 Adults 	 Families

EVIDENCED BASED FRAMEWORKS

Dave employs and blends together an eclectic array of evidenced-based frameworks, including:

- Brief Therapy (CBT/Solution Focused)
- Cognitive Behavioral Therapy
- Existentialist Therapy
- Humanistic Approach
- Mindfulness Based Cognitive Therapy
- Person Centered
- Positive Psychology
- Solution Focused Therapy
- Strengths Based
- Transpersonal Psychology

CLINICAL LICENSES

Independent Licensed Clinical Social Worker (LICSW) - NH License # 1962

Master Licensed Alcohol and Drug Counselor (MLADC) - NH License #0556

EDUCATION

Music Theory and Performance

- McNally Smith Conservatory of Music

Bachelor of Arts in Psychology:

- Southern NH University summa cum laude

Master of Clinical Social Work:

- University of New Hampshire *magna cum laude* Doctorate of Education in Leadership

- Plymouth State University magna cum laude

CLINICAL SPECIALTIES

Assessment, diagnosis, treatment planning, treatment & collaboration of care of DSM-5 disorders, including:

- Addiction
- ADHD
- Alcohol Abuse
- Anger Management
- Anxiety
- Behavioral Issues
- Bipolar Disorder
- Career Counseling
- Career Issues
- Case Mgt.
- Coping Skills
- Depression
- Divorce Issues
- Drug Abuse
- Dual Diagnosis
- Family Issues
- Grief Reaction

- Life Coaching
- Life Transitions
- Lifespan Issues
- Marital Issues
- MAT Groups & Individuals
- Mediation
- Men's Issues
- Military/ Veterans
- Mood Disorders
- Parenting
- Relationships
- Resources
- Self Esteem
- Spirituality
- Stress
- Substance Abuse
- Suicidal Ideation
- Trauma/ PTSD